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Note Title

1/28/2008

Quantum Harmonic Oscillator

$$\frac{p^2}{2m} + \frac{1}{2}kx^2 \Rightarrow \frac{p^2}{2m} + \frac{1}{2}m\omega^2 x^2$$

where $p = -i\hbar \frac{d}{dx}$

Idea is to factor H (it's quadratic in p + x)

Define $a = \sqrt{\frac{m\omega}{2\hbar}} \left(x + \frac{i}{m\omega} p \right)$

$$a^\dagger = \sqrt{\frac{m\omega}{2\hbar}} \left(x - \frac{i}{m\omega} p \right)$$

obviously a is not Hermitian

NB

$$a + a^\dagger = \sqrt{\frac{2m\omega}{\hbar}} x$$

so $x = \sqrt{\frac{\hbar}{2m\omega}} (a + a^\dagger)$

$$a^\dagger - a = -i \sqrt{\frac{2}{m\omega\hbar}} p$$

$\Rightarrow p = i \sqrt{\frac{m\omega\hbar}{2}} (a^\dagger - a)$

$$a^+ a = \frac{m\omega}{2\hbar} \left(x - \frac{i}{m\omega} p \right) \left(x + \frac{i}{m\omega} p \right)$$

$$= \frac{m\omega}{2\hbar} \left(x^2 - \frac{i}{m\omega} px + \frac{i}{m\omega} xp + \frac{1}{m^2\omega^2} p^2 \right)$$

cross terms don't cancel since p and x don't commute

$$[x, p] = xp - px = i\hbar$$

$$a^+ a = \frac{m\omega}{2\hbar} \left(x^2 + \frac{i}{m\omega} [xp] + \frac{1}{m^2\omega^2} p^2 \right)$$

$$= \frac{m\omega}{2\hbar} \left(x^2 - \frac{\hbar}{m\omega} + \frac{1}{m^2\omega^2} p^2 \right) \quad \text{Careful!}$$

$$= \frac{1}{\hbar\omega} \frac{m\omega^2}{2} \left(x^2 + \frac{1}{m^2\omega^2} p^2 - \frac{\hbar}{m\omega} \right)$$

$$= \frac{1}{\hbar\omega} \left[\underbrace{\frac{1}{2} m \omega^2 x^2 + \frac{1}{2m} p^2}_H - \frac{1}{2} \hbar\omega \right]$$

$$a^+ a = \frac{1}{\hbar\omega} \left[H - \frac{1}{2} \hbar\omega \right]$$

$$= \frac{1}{\hbar\omega} H - \frac{1}{2}$$

$$H = \hbar\omega \left(a^+ a + \frac{1}{2} \right)$$

So a and a^\dagger allow us to factor H with a little bit left over.

🚩 $\frac{1}{2}\hbar\omega$ will turn out to be the QM ground state energy

we need the following results

$$1) [a, a^\dagger] = 1$$

$$2) [H, a] = -\hbar\omega a$$

$$3) [H, a^\dagger] = \hbar\omega a^\dagger$$

we'll prove 1) in class, do the other 2 for practice

$$[a, a^\dagger] = a a^\dagger - a^\dagger a$$

$$= \frac{m\omega}{2\hbar} \left(x + \frac{i}{m\omega} p \right) \left(x - \frac{i}{m\omega} p \right) - \frac{m\omega}{2\hbar} \left(x - \frac{i}{m\omega} p \right) \left(x + \frac{i}{m\omega} p \right)$$

$$= \frac{m\omega}{2\hbar} \left\{ \left[X^2 - \frac{i}{m\omega} XP + \frac{i}{m\omega} PX + \frac{1}{m^2\omega^2} P^2 \right] - \left[X^2 + \frac{i}{m\omega} XP - \frac{i}{m\omega} PX + \frac{1}{m^2\omega^2} P^2 \right] \right.$$

$- \frac{i}{m\omega} [X, P]$
 $+ \frac{i}{m\omega} [X, P]$

$$\frac{m\omega}{2\hbar} \left\{ \left[X^2 + \frac{\hbar}{m\omega} + \frac{1}{m^2\omega^2} P^2 \right] - \left[X^2 - \frac{\hbar}{m\omega} + \frac{1}{m^2\omega^2} P^2 \right] \right\}$$

$$\frac{m\omega}{2\hbar} \frac{2\hbar}{m\omega} = 1$$

$$[a, a^\dagger] = 1 \quad \text{QED}$$

The other 2 formulae

$$2) [H, a] = -\hbar\omega a$$

$$3) [H, a^\dagger] = \hbar\omega a^\dagger$$

will let us prove the following deep results.

$$\text{if } H \psi_E = E \psi_E$$

The $a \psi_E$ is also an Σ -vector
with Σ -value $E - \hbar \omega$.

$a^\dagger \psi_E$ is an Σ -vector
with Σ -value $E + \hbar \omega$

The importance of this is: all
we need is one Σ -vector and
we can generate all the rest
algebraically

$$\left. \begin{array}{l} a \psi_E \\ \text{since } [H, a] = Ha - aH = -\hbar \omega a \\ H a \psi_E = a H \psi_E - \hbar \omega a \psi_E \\ \quad = a E \psi_E - \hbar \omega a \psi_E \\ \quad = (E - \hbar \omega) a \psi_E \end{array} \right\}$$

$$\text{so } H \underbrace{a \psi_E}_{\Sigma\text{-vector}} = \underbrace{(E - \hbar \omega)}_{\Sigma\text{-value}} \underbrace{a \psi_E}_{\Sigma\text{-vector}}$$

$$a^\dagger \psi_E$$

$$[H, a^\dagger] = H a^\dagger - a^\dagger H = \hbar \omega a^\dagger$$

$$\begin{aligned} H a^\dagger \psi_E &= a^\dagger H \psi_E + \hbar \omega a^\dagger \psi_E \\ &= E a^\dagger \psi_E + \hbar \omega a^\dagger \psi_E \end{aligned}$$

$$H a^\dagger \psi_E = (E + \hbar \omega) a^\dagger \psi_E$$

now any vector satisfies

$$(x, x) \geq 0 \quad \text{so}$$

$$(a \psi_E, a \psi_E) \geq 0$$

$$= (\psi_E, a^\dagger a \psi_E)$$

we proved $a^\dagger a = \frac{1}{\hbar \omega} H - \frac{1}{2}$

so

$$(\psi_E, a^\dagger a \psi_E) = (\psi_E, \frac{1}{\hbar \omega} H - \frac{1}{2} \psi_E)$$

$$= (\psi_E, \frac{1}{\hbar \omega} H \psi_E) + (\psi_E, -\frac{1}{2} \psi_E)$$

$$= \frac{1}{\hbar\omega} (\psi_E, E\psi_E) - \frac{1}{2} (\psi_E, \psi_E)$$

$$= \frac{E}{\hbar\omega} \underbrace{(\psi_E, \psi_E)}_1 - \frac{1}{2} \underbrace{(\psi_E, \psi_E)}_1$$

So $\frac{E}{\hbar\omega} - \frac{1}{2} \geq 0$

\Rightarrow $E \geq \frac{\hbar\omega}{2}$

$\frac{\hbar\omega}{2}$ is the "Ground State" energy.

The stationary state associated with this is defined to be ψ_0 .

$$H\psi_0 = \frac{\hbar\omega}{2}\psi_0$$

we've shown that

$$H \underbrace{a^\dagger \psi_0}_{\psi_1} = \left(\hbar\omega + \frac{\hbar\omega}{2} \right) \underbrace{a^\dagger \psi_0}_{\psi_1}$$

call this ψ_1

$$H \psi_1 = \left(\hbar\omega + \frac{\hbar\omega}{2} \right) \psi_1$$

$$H \underbrace{a^\dagger \psi_1}_{\psi_2} = \left(2\hbar\omega + \frac{\hbar\omega}{2} \right) \underbrace{a^\dagger \psi_1}_{\psi_2}$$

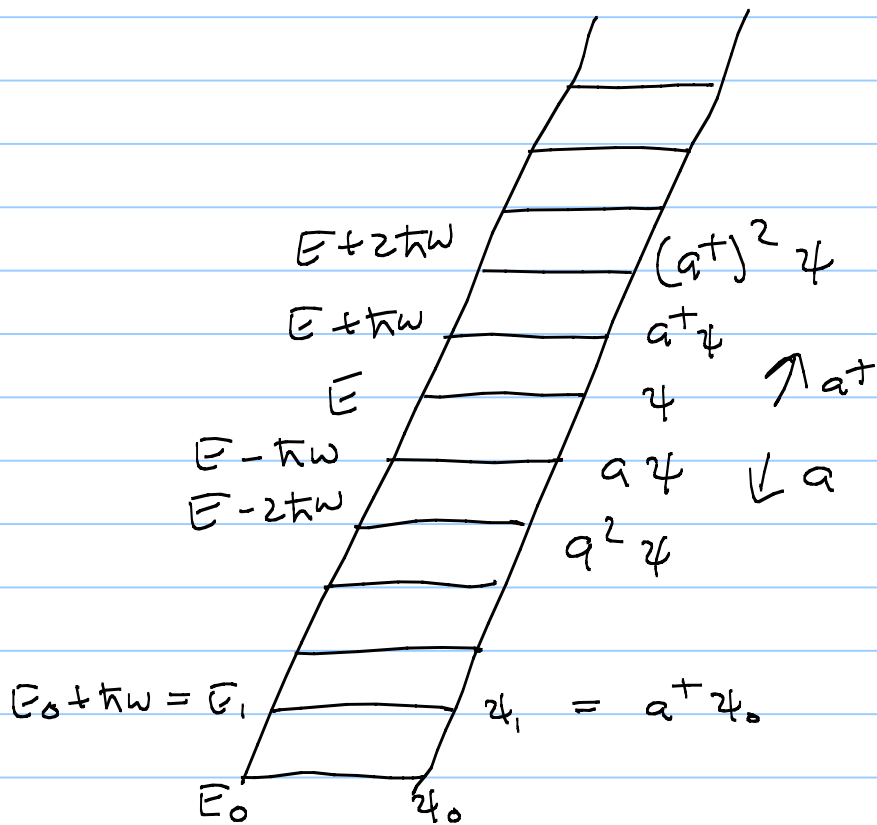
⋮

$$H \psi_N = \left(N\hbar\omega + \frac{\hbar\omega}{2} \right) \psi_N$$

$$H \psi_N = \hbar\omega \left(N + \frac{1}{2} \right) \psi_N$$

The QHO has a ladder of equally spaced energy levels

$$E_N - E_{N-1} = \hbar\omega$$



a and a^+ are called :

ladder operators

or
 creation (a^+) annihilation (a)
 operators.

But how do we determine
 ψ_0 ? Since it's the ground
 state

$$a \psi_0 = 0$$

$$\sqrt{\frac{m\omega}{2\hbar}} \left(x + \frac{i}{m\omega} p \right) \psi_0 = 0$$

$$x \psi_0 + \frac{\hbar}{m\omega} \frac{d\psi_0}{dx} = 0$$

$$\frac{d\psi_0}{dx} + \frac{m\omega}{\hbar} x \psi_0 = 0$$

Guess

$$e^{-\alpha x^2}$$

$$\frac{d}{dx} = -2\alpha x e^{-\alpha x^2}$$

so

$$\psi_0 = A e^{-\frac{m\omega}{2\hbar} x^2}$$

Normalization

$$\int_{-\infty}^{\infty} |\psi_0|^2 dx = A^2 \int_{-\infty}^{\infty} e^{-\frac{m\omega}{\hbar} x^2} dx = 1$$

$$\Rightarrow A^2 = \sqrt{\frac{m\omega}{\hbar}}$$

$$\psi_0(x) = \left(\frac{m\omega}{\pi\hbar} \right)^{1/4} e^{-\frac{m\omega}{2\hbar} x^2}$$

We now have everything
but the normalization

$$\psi_n(x) = A_n (a^\dagger)^n \psi_0$$

↳ normalization

$$E_n = \hbar\omega (n + 1/2)$$

Turns out (hard calculation)

$$A_n = \frac{1}{\sqrt{n!}}$$

$$\psi_n(x) = \frac{1}{\sqrt{n!}} (a^\dagger)^n \psi_0$$